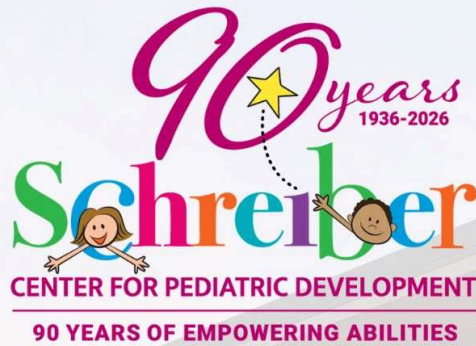




Family Resource Guide

Summer 2026

Finding the right resources can feel
overwhelming.

This guide was created to help families
discover trusted services, programs, and
supports for children of all abilities.

Section	Page
Getting Started	3
Schreiber Programs & Events	3
Parent Support & Financial Assistance (<i>Including Grants</i>)	5
IU Resources	9
Medical Specialists	9
Pediatricians	9
Allergy Testing	10
Audiology	11
ENT Specialists	12
Gastrointestinal (GI) Specialists	13
Neurology	13
Urology	14
Pediatric Vision Care & Therapy	15
Pediatric & Family Dental Services (<i>and Reduced Cost Options</i>)	17
Autism & Behavioral Health	21
Autism Resources	21
ASD Testing & Psychological Evaluations	23
Behavioral Health Services	23
Counseling & Mental Health	25
Psychiatric Services	28
Play Therapy	28
Specialized Therapies	30
Feeding & Eating	30
Nutrition & Dietitians	31

Section	Page
Oral Myofunctional Therapy	32
Tongue & Lip Tie Providers	32
Therapeutic Horseback Riding	33
Disability & Family Support	36
Advocacy & Disability Services	36
Dyslexia	37
Social Skills Groups	38
Adult Services & Transition (21+)	39
Independent Living Resources	39
Transition Resources	39
Home Health	40
Community Resources	41
Transportation Assistance	41
Community Programs & Activities	41
Adaptive Sports & Recreation	42
Inclusive & Specialty Camps	43
Sensory Resources	44
Sensory-Friendly Haircuts	45
Adaptive Clothing	45
Sleep Resources	46

Getting Started

Schreiber Programs & Events

Schreiber offers a variety of therapy programs, camps, support services, and special events that help children and families grow, connect, and thrive throughout the year. Visit schreiberpediatric.org for current schedules, registration information, and program details.

Schreiber's Annual Family & Fundraising Events

Schreiber's Annual Gala

An unforgettable evening celebrating the children, families, and supporters who make Schreiber's mission possible.

Website: schreiberpediatric.org/event/gala

Schreiber's Annual Rubber Duckie Race & Festival

A high-energy, family-focused day packed with races, games, prizes, food, entertainment, and community fun.

Website: schreiberpediatric.org/event/duckies

Outpatient Therapy Services

Physical Therapy

Helps children improve strength, balance, coordination, mobility, endurance, and gross motor skills to increase independence and participation at home, school, and in the community.

Occupational Therapy

Helps children develop the skills needed for everyday activities, including fine motor skills, sensory processing, self-care, handwriting, feeding, and independence in daily routines.

Speech-Language Therapy

Helps children build communication, language, speech, social communication, feeding, and swallowing skills to support success at home, school, and in everyday life.

Website: schreiberpediatric.org/services/therapy-services/

Early Childhood Education

Circle of Friends Academy (COFA)

An inclusive early childhood education program where children of all abilities learn, play,

and grow together in a nurturing environment that promotes development, friendships, and school readiness.

S.T.A.R.S. Preschool

An inclusive preschool program in partnership with IU13 that provides specialized instruction and therapeutic support for preschool-aged children with developmental delays while learning alongside typically developing peers.

Website: schreiberpediatric.org/services/educational-services/

Year-Round Programs

Club 625

A year-round program for teens and young adults focused on building friendships, independence, and life skills through community experiences.

Independent Activities of Daily Living (IADL)

Individualized instruction that helps teens and young adults develop practical life skills such as cooking, laundry, money management, and community safety.

Respite Nights

A safe, nurturing environment where children with special needs and their siblings enjoy an evening of fun while parents and caregivers take time to recharge.

Schreiber's Adaptive Aquatics

One-on-one aquatic therapy sessions that help children build strength, coordination, confidence, and water safety skills in a supportive environment.

Schreiber Sibs

A supportive program designed specifically for siblings of children with disabilities, providing opportunities to connect, share experiences, and have fun with peers who understand their unique role.

Schreiber's Modern Band

An inclusive music program where participants explore instruments, develop musical skills, and build confidence while performing together as a group.

Website: schreiberpediatric.org/programs/

Summer Camps

Camp Schreiber

A summer day camp for children, teens, and young adults of all abilities featuring fitness activities, sports, games, arts and crafts, music, and special presentations. (Ages 10+)

Club 625 Camp

Teens and young adults build independence and social skills through on-site activities and community outings. (Ages 15+)

Food Discovery Camp

Designed for children with non-medical feeding challenges, this camp helps build confidence with food through fun, supportive experiences. (Ages 5–8)

Music Therapy Camp

Young children strengthen communication, social skills, body awareness, and confidence through interactive songs, movement, and play.

Website: schreiberpediatric.org/programs/summer-camp

Parent Support & Financial Assistance

Connecting with other families who share similar experiences can provide encouragement, practical advice, and a sense of community. These organizations offer peer support, education, advocacy, and resources for parents and caregivers.

Parent Support Groups

CP Family Network (Parent Education Network)

Supports families of children with disabilities by providing education, advocacy, and connections to community resources.

Phone: 717-600-0100

Parent Education Advocacy & Leadership (PEAL) Center

Helps families understand special education, advocate for their children, and navigate disability-related services and supports.

Address: 2325 E. Carson Street, Suite 100A, Pittsburgh, PA 15203

Phone: 412-281-4404 or 215-567-6143

Website: pealcenter.org

Parent to Parent of Pennsylvania

Connects families of children with disabilities or special healthcare needs with trained

parent mentors who provide one-on-one emotional support and guidance.

Address: 6340 Flank Drive, Harrisburg, PA 17112

Phone: 888-727-2706

Email: p2pinfo@parenttoparent.org

Website: parenttoparent.org

See also: Schreiber Center for Pediatric Development – Respite Nights (Getting Started → Schreiber Programs & Events)

Financial Assistance Programs

Financial assistance programs may help families access healthcare, housing, nutrition, disability benefits, and other essential services. Contact each organization directly to learn about eligibility requirements and available programs.

Community Action Partnership (CAP) of Lancaster County

Provides a variety of programs, including emergency assistance, housing support, nutrition services, WIC, and other resources for eligible families.

Address: 601 S. Queen Street, Lancaster, PA 17603

Phone: 717-299-7301

Lancaster County Assistance Office

Administers public assistance programs, including Medical Assistance (Medicaid), SNAP, cash assistance, and other state benefits.

Address: 832 Manor Street, Lancaster, PA 17603

Phone: 717-299-7411

Social Security Administration

Provides Social Security Disability Insurance (SSDI), Supplemental Security Income (SSI), and other federal disability benefits.

Phone: 800-772-1213

Website: ssa.gov

Tenfold

Helps individuals and families achieve housing and financial stability through housing counseling, financial education, and supportive services.

Address: 308 E. King Street, Lancaster, PA 17602

Phone: 717-397-5182

United Way of Lancaster County

Connects families with health, education, financial stability, and community resources

throughout Lancaster County.

Address: 1910 Harrington Drive, Suite A, Lancaster, PA 17601

Phone: 717-394-0731

York/Adams MH-IDD Program

Provides support and service coordination for individuals with intellectual disabilities, developmental disabilities, autism, and behavioral health needs residing in York and Adams counties.

Address: 100 W. Market Street, York, PA 17401

Phone: 717-771-9618

Individual Grants & Funding Opportunities

Andrew's Gift

Provides grants to help children with disabilities and special healthcare needs access therapies, adaptive equipment, medical supplies, and other essential resources that improve quality of life.

Eligibility: *Children must reside in Cumberland, Dauphin, Lancaster, Lebanon, or Perry County, Pennsylvania.*

Website: andrewsgift26.com/apply-grant

Autism Speaks – Family Grant Resources

Provides a regularly updated directory of grant opportunities and financial assistance programs for families of autistic individuals. Autism Speaks also offers advocacy resources, educational toolkits, and information about autism services and supports.

Website: autismspeaks.org/autism-grants-families

Different Needz Foundation

Provides grants to help individuals with developmental disabilities obtain adaptive equipment, therapy services, communication devices, medical equipment, summer camps, and other resources that improve quality of life.

Website: differentneedzfoundation.org

Small Steps in Speech

Provides grants to help children with speech and language disorders access speech therapy, augmentative and alternative communication (AAC) devices, therapeutic summer camps, and other communication-related services not covered by insurance.

Website: smallstepsinspeech.org

UnitedHealthcare Children's Foundation (UHCCF)

Provides medical grants to help families pay for therapies, medical equipment, and healthcare services not fully covered by insurance.

Note: *Children must have commercial health insurance to qualify. Additional eligibility requirements apply.*

Website: uhccf.org

IU Resources

The Lancaster-Lebanon Intermediate Unit (IU13) partners with local school districts and families to provide Early Intervention, educational services, and specialized supports for children with developmental delays and disabilities.

Lancaster-Lebanon Intermediate Unit 13 (IU13)

Provides Early Intervention services, educational programs, specialized support services, and professional resources for children and families throughout Lancaster and Lebanon counties.

Address: 1020 New Holland Avenue, Lancaster, PA 17601

Phone: 717-606-1600

Schreiber Preschool Early Intervention Program

Schreiber partners with IU13 to provide preschool Early Intervention services for children ages 3 through school age, helping children develop communication, motor, social, and daily living skills in a supportive learning environment.

Address: 625 Community Way, Lancaster, PA 17603

Phone: 717-606-1601

Website: schreiberpediatric.org

Medical Specialists

These providers specialize in diagnosing and treating a wide range of childhood medical conditions. Your child's pediatrician or Schreiber care team can help determine which specialists may best meet your child's needs.

Pediatricians

A pediatrician is often the best place to start when your child needs medical care, developmental screening, or referrals to specialists.

Beittel & Becker Pediatrics

Provides comprehensive pediatric care from infancy through adolescence.

Address: 2150 Noll Drive, Suite 100, Lancaster, PA 17603

Phone: 717-299-8933

Website: beittelbecker.com

Eden Park Pediatrics

Provides primary care for infants, children, and adolescents with multiple Lancaster County locations.

Locations: Brownstown, Lancaster, Mount Joy

Phone: 717-569-8518

Lancaster Pediatric Associates

Offers comprehensive pediatric healthcare, preventive care, and same-day sick visits.

Locations: Lancaster, Willow Street

Phone: 717-291-5931

Website: lancped.com

Penn State Health Lancaster Pediatric Center

Provides pediatric primary care and access to pediatric specialists within Penn State Health.

Address: 1430 Harrisburg Pike, Lancaster, PA 17601

Phone: 717-327-4680

Website: pennstatehealth.org

Roseville Pediatrics

Provides pediatric primary care from infancy through adolescence.

Locations: Lancaster, Lititz

Phone: 717-569-6481

Website: lancastergeneralhealth.org

Allergy Testing

If your child experiences food allergies, seasonal allergies, asthma, eczema, or recurrent allergic reactions, these specialists provide allergy evaluation and testing.

Allergy & Asthma Center

Provides allergy testing, asthma management, immunotherapy, and treatment for food, seasonal, and environmental allergies.

Address: 2445 Marietta Ave., Lancaster, PA 17601

Phone: 717-393-1365 (new patients)

Website: allergydoctors.com

Lancaster Family Allergy

Provides comprehensive allergy testing, asthma care, immunotherapy, and treatment for children and adults with allergic conditions.

Address: 730 Eden Road, Suite 301, Lancaster, PA 17601

Phone: 717-569-5618

Penn State Health Children's Hospital – Pediatric Allergy & Immunology

Provides specialized evaluation and treatment for pediatric allergies, asthma, eczema, food allergies, and immune disorders.

Address: 600 University Drive, Hershey, PA 17033

Phone: 717-531-6955

Website: pennstatehealth.org

WellSpan ENT & Hearing Services

Provides allergy evaluation and treatment alongside ear, nose, and throat care.

Address: 810 Plaza Blvd., Lancaster, PA 17601-2762

Phone: 717-394-5088

Website: wellspan.org

Children's Hospital of Philadelphia (CHOP) – Allergy Program

Provides pediatric allergy and immunology services, including evaluation and treatment of food allergies, asthma, eczema, and immune disorders.

Exton Location: 481 John Young Way, Oaklands Corporate Center, Exton, PA 19341

Phone: 610-594-9008

Philadelphia Location Phone: 215-590-2549

Website: chop.edu/treatments/allergen-specific-ige-testing

Chester County Allergy

Provides allergy testing, immunotherapy, asthma care, and treatment for seasonal, food, and environmental allergies.

Address: 108 John Robert Thomas Drive, Exton, PA 19341

Phone: 610-363-0907

Audiology

Audiologists evaluate hearing, hearing loss, auditory processing, and hearing aid needs for children and adults.

A & E Audiology & Hearing Aid Center

Provides comprehensive hearing evaluations, hearing aid services, and audiology care for children and adults.

Address: 2160 Noll Drive, Suite 100, Lancaster, PA 17603

Phone: 877-390-1421

Website: healthyhearing.com/hearing-aids/24917-a-e-audiology-hearing-aid-center-lancaster

Kaplan Family Hearing Center

Provides diagnostic hearing evaluations and audiology services for children and adults.

Address: 2185 Oregon Pike, Lancaster, PA 17601

Phone: 717-560-3937

Keystone Deaf & Hard of Hearing Services

Provides advocacy, communication access, interpreting services, assistive technology resources, and support for individuals who are deaf or hard of hearing.

Address: 2270 Old Philadelphia Pike, Lancaster, PA 17602

Phone: 717-283-4460

Video/Interpreting: 610-685-4520

Website: kdhhs.net

Alexander Graham Bell Association for the Deaf and Hard of Hearing

Provides advocacy, education, family support, and resources for individuals who are deaf or hard of hearing.

Website: agbell.org

Laurent Clerc National Deaf Education Center

Provides educational resources, research, and family support related to deaf and hard of hearing children.

Website: gallaudet.edu/clerc-center

National Association of the Deaf

Provides advocacy, resources, education, and information for deaf and hard of hearing

individuals and their families.

Website: nad.org

ENT Specialists

For concerns involving the ears, nose, throat, airway, tonsils, adenoids, chronic ear infections, or sinus conditions.

Children's Hospital of Philadelphia (CHOP) Specialty Care – ENT

Provides pediatric ear, nose, and throat care, including treatment for airway disorders, hearing concerns, sinus disease, sleep disorders, and complex ENT conditions.

Address: 2104 Harrisburg Pike, Suite 300, Lancaster, PA 17601

Phone: 717-544-0375

Website: chop.edu/locations/specialty-care-lancaster

Lancaster Ear, Nose & Throat

Provides medical and surgical care for pediatric and adult ear, nose, and throat conditions.

Address: 930 Red Rose Court, Suite 301, Lancaster, PA 17601

Phone: 717-517-9083

Website: lancasterearnoseandthroat.com

Penn State Health

Provides pediatric ENT specialists for airway disorders, hearing concerns, sinus disease, sleep disorders, and surgical care.

Locations: 200 Campus Drive, Suite 400, Hershey, PA 17033 | 1430 Harrisburg Pike, Lancaster, PA 17601 | 2221 Noll Drive, Lancaster, PA 17603

Phone: 800-243-1455

Website: pennstatehealth.org

WellSpan ENT & Hearing Services

Provides pediatric and adult ENT care, hearing services, allergy treatment, and surgical evaluation.

Address: 810 Plaza Blvd., Lancaster, PA 17601-2762

Phone: 717-394-5088

Website: wellspan.org

Gastrointestinal (GI) Specialists

Provides diagnosis and treatment for digestive disorders, constipation, reflux, feeding concerns, and other gastrointestinal conditions.

Children's Hospital of Philadelphia (CHOP)

Provides pediatric gastroenterology services for digestive disorders, nutrition concerns, liver disease, and feeding disorders.

Address: 2110 Harrisburg Pike, Suite 102, Lancaster, PA 17601

Phone: 717-544-0375

Website: chop.edu

Lancaster General Health Gastroenterology

Provides evaluation and treatment of digestive disorders and gastrointestinal diseases.

Address: 2112 Harrisburg Pike, Suite 202, Lancaster, PA 17601

Phone: 717-800-7366

Penn State Health Children's Lancaster Pediatric Center

Provides pediatric gastroenterology services for digestive disorders and feeding concerns.

Address: 1430 Harrisburg Pike, Lancaster, PA 17601

Phone: 717-606-1132

UPMC Children's Specialty Services

Provides pediatric gastroenterology care for digestive disorders, liver disease, inflammatory bowel disease, and feeding disorders.

Address: 2170 Noll Drive, Suite 300, Lancaster, PA 17603

Phone: 717-988-0090

Gastroenterology Associates of Central Pennsylvania

Provides diagnosis and treatment of pediatric and adult digestive disorders.

Address: 1421 Fishburn Road, Hershey, PA 17033

Phone: 717-533-2224

Neurology

For headaches, seizures, movement disorders, developmental concerns, neuromuscular disorders, and other neurological conditions.

Children's Hospital of Philadelphia (CHOP) Specialty Care – Neurology

Provides comprehensive pediatric neurology services for children with neurological disorders, including seizures, headaches, developmental concerns, and movement disorders.

Address: 2106 Harrisburg Pike, Suite 22, Lancaster, PA 17601

Phone: 717-544-0375

Nemours Children's Health – Pediatric Neurology

Provides diagnosis and treatment for pediatric neurological conditions, including epilepsy, developmental disorders, neuromuscular conditions, and headaches.

Address: 1834 Oregon Pike, Suite 20, Lancaster, PA 17601

Phone: 800-416-4441

Website: nemours.org/services/swank-autism-center.html

Penn State Health – Pediatric Neurology

Provides specialized care for children with neurological conditions, including seizures, headaches, developmental disorders, neuromuscular diseases, and movement disorders.

Locations: Lancaster: 1430 Harrisburg Pike, Lancaster, PA 17601 | Camp Hill: 3025 Market Street, Entrance A, Camp Hill, PA 17011 | Hershey: 35 Hope Drive, Suite 104, Hershey, PA 17033

Phone: 717-531-8550

Website: pennstatehealth.org/childrens/services-treatments/neurology

WellSpan Pediatric Neurology

Provides evaluation and treatment for children with neurological conditions, including epilepsy, headaches, developmental concerns, and neuromuscular disorders.

Address: 2320 Rothsville Road, Suite 200, Lititz, PA 17543

Phone: 717-721-8789

Website: wellspan.org/locations/wellspan-pediatric-neurology-lancaster-loc0000190387

Urology

For bladder, kidney, urinary tract, and toileting concerns.

Schreiber Center for Pediatric Development – Pelvic Floor Therapy

Provides pediatric pelvic floor physical therapy to help children with bladder and bowel dysfunction, constipation, urinary urgency or frequency, daytime and nighttime accidents, pelvic floor dysfunction, and toileting challenges. Treatment focuses on improving bowel and bladder function, pelvic floor coordination, and healthy toileting habits.

Address: 625 Community Way, Lancaster, PA 17603

Phone: 717-393-0425

Website: schreiberpediatric.org

Children's Hospital of Philadelphia (CHOP) DOVE Center

Specializes in evaluating and treating dysfunctional voiding, bladder and bowel dysfunction, urinary incontinence, and other pediatric urology concerns.

Address: 3401 Civic Center Boulevard, Philadelphia, PA 19104

Phone: 215-590-2754

Website: chop.edu/centers-programs/dove-center-voiding-and-bladder-function

Keystone Urology Specialists

Provides diagnosis and treatment of pediatric and adult urologic conditions, including bladder, kidney, urinary tract, and voiding disorders.

Address: 2106 Harrisburg Pike, Suite 200, Lancaster, PA 17601

Phone: 717-393-1771

Main Line Pediatric Psychology

Provides specialized psychological treatment for children experiencing toileting challenges, urinary incontinence, and related behavioral concerns.

Phone: 610-665-3456

Email: info@mainlinepedpsych.com

Penn State Health Children's Lancaster Pediatric Center

Provides pediatric urology evaluation and treatment for bladder, kidney, urinary tract, and continence concerns.

Address: 1430 Harrisburg Pike, Lancaster, PA 17601

Phone: 717-606-1149

WellSpan Urology

Provides evaluation and treatment for pediatric and adult urologic conditions, including bladder, kidney, and urinary tract disorders.

Address: 35 Monument Road, Suite 206, York, PA 17403

Phone: 717-741-8011

Pediatric Vision Care & Therapy

Vision care providers evaluate and treat a variety of eye health and vision concerns, from routine eye exams and glasses to specialized services for visual processing, eye coordination, and developmental vision needs.

Conestoga Eye

Provides comprehensive eye exams for children and adults, diagnosis and treatment of eye conditions, and pediatric vision care.

Address: 160 N. Pointe Boulevard, Lancaster, PA 17601

Phone: 717-581-7400

Website: conestogaeye.com

MyEyeDr.

Provides comprehensive eye exams, pediatric vision care, glasses, contact lenses, and treatment for common eye conditions.

Multiple Lancaster County locations

Phone: 866-693-9336

Website: myeyedr.com

VisionCorps

Provides vision rehabilitation services, low vision support, assistive technology, and resources for individuals who are blind or visually impaired.

Address: 244 N. Queen Street, Lancaster, PA 17603

Phone: 717-205-4141

Website: visioncorps.net

Yealy Eye Care

Provides comprehensive eye exams, pediatric eye care, glasses, contact lenses, and medical eye care.

Address: 3985 Columbia Avenue, Columbia, PA 17512

Phone: 717-684-9000

Website: yealyeyecare.com

Vision Therapy

Vision therapy helps children improve visual processing, eye teaming, tracking, focusing, depth perception, and other visual skills that impact reading, learning, and everyday activities.

Eye Consultants of Pennsylvania

Provides vision therapy, pediatric eye care, and treatment for binocular vision disorders and visual processing concerns.

Address: 1655 Manheim Pike, Lancaster, PA 17601

Phone: 717-299-3937

Website: ecpa.com

Pursuit Vision Center

Specializes in developmental vision evaluations and vision therapy for children with eye teaming, tracking, focusing, and visual processing challenges.

Address: 2045 Miller Road, East Petersburg, PA 17520

Phone: 717-219-2188

Website: pursuitvisioncenter.com

True Vision Therapy

Provides developmental vision evaluations and individualized vision therapy programs to improve visual skills needed for learning and daily activities.

Address: 313 Primrose Lane, Suite 201, Mountville, PA 17554

Phone: 717-285-2020

Website: truevisiontherapy.com

Wyomissing Optometric Center

Provides developmental vision evaluations, pediatric eye care, and vision therapy services for children and adults.

Address: 50 Berkshire Court, Suite 101, Wyomissing, PA 19610

Phone: 610-374-3131

Website: wyomissingoptometriccenter.com

Pediatric & Family Dental Services

(and Reduced Cost Options)

Regular dental care is an important part of your child's overall health. These providers offer pediatric dentistry, family dental care, and community dental services to help children maintain healthy smiles at every stage.

Pediatric Dentistry

Pediatric dentists specialize in caring for infants, children, adolescents, and children with special healthcare needs.

Children's Dental Health

Provides comprehensive pediatric dental care, preventive services, restorative treatment, sedation dentistry, and care for children with special healthcare needs.

Lancaster Location: 1685 Crown Avenue, Lancaster, PA 17601

Phone: 717-394-3793

Website: childrensdentalhealth.com

Lancaster County Pediatric Dentistry

Provides preventive, restorative, and emergency dental care for infants, children, adolescents, and children with special needs.

Address: 170 N. Pointe Boulevard, Lancaster, PA 17601

Phone: 717-560-5115

Website: lancastercountypediatricdentistry.com

M2 Dentistry

Provides comprehensive pediatric and family dental care, including preventive, restorative, and sedation dentistry.

Address: 100 Highlands Drive, Suite 301, Lititz, PA 17543

Phone: 717-625-4455

Website: m2dentistry.com

Pawsitive Pediatric Dentistry

Provides compassionate pediatric dental care designed to create a positive experience for children of all abilities.

Address: 1278 Lititz Pike, Lancaster, PA 17601

Phone: 717-560-6455

Website: pawsitivepediatricdentistry.com

Sunshine Pediatric Dentistry

Provides comprehensive pediatric dental care in a child-friendly environment, including preventive, restorative, and sedation services.

Address: 2108 Harrisburg Pike, Suite 310, Lancaster, PA 17601

Phone: 717-544-4575

Website: sunshinepediatricdentistry.com

General Family Dentistry

These practices provide routine dental care for children, teens, and adults. Many welcome children with special healthcare needs.

American Dental Solutions

Provides preventive, restorative, cosmetic, and family dental care.

Address: 4217 Oregon Pike, Ephrata, PA 17522

Phone: 717-859-1550

Website: americandentalsolutions.net

Dental Dreams

Provides affordable preventive, restorative, and emergency dental care for children and adults.

Address: 1651 Lincoln Highway East, Lancaster, PA 17602

Phone: 717-393-8807

Website: dentaldreams.com

Lancaster Dental Arts

Provides comprehensive family dentistry, cosmetic dentistry, and restorative dental services.

Address: 100 Highland Drive, Suite 201, Lititz, PA 17543

Phone: 717-581-9400

Website: lancasterdentalarts.net

New Holland Dental Associates

Provides preventive, restorative, cosmetic, and family dental care.

Address: 1 Ranck Avenue, New Holland, PA 17557

Phone: 717-354-4794

Website: newhollanddentalassociates.com

Nu-Smile Family Dentistry

Provides comprehensive family dentistry, preventive care, and restorative services.

Address: 2104 Harrisburg Pike, Suite 200, Lancaster, PA 17601

Phone: 717-394-3311

Website: nusmilefamilydentistry.com

Parkside Dental

Provides preventive, restorative, cosmetic, and family dental care.

Address: 1284 Millersville Pike, Lancaster, PA 17603

Phone: 717-393-9212

Website: parksidedental.net

Smile Care Group

Provides family dentistry, preventive care, restorative services, and cosmetic dentistry.

Multiple Lancaster County locations

Phone: 717-291-9080

Website: smilecaregroup.com

Smilebuilderz

Provides comprehensive family dentistry, pediatric dentistry, orthodontics, oral surgery, and specialty dental services under one roof.

Address: 1685 Crown Avenue, Lancaster, PA 17601

Phone: 717-581-0055

Website: smilebuilderz.com

Community & Reduced-Cost Dental Care

These organizations help families access affordable dental care through reduced-cost services, financial assistance, or community-based programs.

Dental Access Lancaster County (DALCO)

Helps eligible Lancaster County residents access reduced-cost dental care through participating providers.

Phone: 717-358-9645

Website: dentalaccesslancaster.org

Union Community Care

Provides comprehensive medical, dental, and behavioral health services regardless of insurance status or ability to pay.

Multiple Lancaster County locations

Phone: 717-299-6371

Website: unioncommunitycare.org

Water Street Mission – Dental Clinic

Provides low-cost dental services for qualifying adults through the Water Street Mission Health Services program.

Address: 210 South Prince Street, Lancaster, PA 17603

Phone: 717-393-7709

Website: waterstreetmission.org

Autism & Behavioral Health

These resources support children's emotional well-being, communication, development, feeding, and participation through specialized therapies, counseling, behavioral health services, and family supports.

Autism Resources

Organizations that provide education, advocacy, developmental services, diagnostic evaluations, and family support for autistic individuals and their caregivers.

Schreiber Center for Pediatric Development – Adaptive Aquatics

Provides individualized aquatic therapy and adaptive swim instruction for children with a wide range of developmental, physical, and sensory needs, including autism spectrum disorder. Sessions focus on building water safety skills, confidence, motor development, and participation in a supportive, low-stimulation environment.

Address: 625 Community Way, Lancaster, PA 17603

Phone: 717-393-0425

Website: schreiberpediatric.org

ASERT Autism Resource Center

Provides free, evidence-based information, local resources, educational materials, and statewide support for autistic individuals, their families, and professionals throughout Pennsylvania.

Website: paautism.org

Autism Center – UPMC Children's Hospital of Pittsburgh

Provides comprehensive autism evaluations, diagnostic services, behavioral health support, research, and specialized care for children with autism spectrum disorder.

Address: 4401 Penn Avenue, Pittsburgh, PA 15224

Phone: 412-692-7337

Website: chp.edu

Autism Speaks

Provides educational resources, advocacy, toolkits, and information about autism services, diagnosis, transition planning, and community supports.

Website: autismspeaks.org

Autism York

Provides support groups, educational programs, family events, and community resources for autistic individuals and their families throughout south-central Pennsylvania.

Address: 497 Hill Street, York, PA 17403

Phone: 717-848-2363

Website: autismyork.org

Temple University – Competence & Confidence: Partners in Policymaking

Provides free leadership and advocacy training for self-advocates and parents of individuals with intellectual and developmental disabilities or autism.

Website: disabilityrightspa.org/competence-confidence

Lancaster Public Library – Autism Resource Center

Provides books, sensory resources, educational materials, and programs designed to support autistic individuals, families, educators, and professionals.

Address: 151 North Queen Street, Lancaster, PA 17603

Phone: 717-394-2651

Website: lancasterlibraries.org

Merakey Autism & Education Centers

Provides Applied Behavior Analysis (ABA), autism services, education, behavioral health supports, and family services for children and young adults.

Lancaster Area Location: 2578 Interstate Drive, Harrisburg, PA

Phone: 888-647-0020

Website: merakey.org

Penn State Health Developmental Pediatrics: *See ASD Testing & Psychological Evaluations below.*

MyAutismTeam

An online social network where parents, caregivers, and autistic individuals can connect, ask questions, and share experiences.

Website: myautismteam.com

WellSpan Philhaven – Center for Autism & Developmental Disabilities (CADD)

Provides autism evaluations, behavioral health services, social skills programs, and specialized treatment for children and adolescents with autism spectrum disorder.

Address: 3550 Concord Road, York, PA 17402

Phone: 717-851-6340

Website: wellspanphilhaven.org

See also: Parent to Parent of Pennsylvania (Getting Started → Parent Groups & Support)

ASD Testing & Psychological Evaluations

Families seeking an autism evaluation or comprehensive psychological assessment may find these providers helpful.

Center for Neurobehavioral Health

Provides comprehensive psychological, neuropsychological, autism spectrum, ADHD, and developmental evaluations for children, adolescents, and adults.

Address: 2173 Embassy Drive, Suite 336, Lancaster, PA 17603

Phone: 717-392-6061

Website: centerforneurohealth.com

Hugh Smith & Associates (TeamCare Behavioral Health)

Provides comprehensive psychological evaluations, autism assessments, ADHD evaluations, developmental testing, and behavioral health services for children and adolescents.

Address: 1831 Lititz Pike, Lancaster, PA 17601

Phone: 717-391-6808

Website: hssmithassociates.com

Penn State Health Developmental Pediatrics

Provides developmental evaluations, autism diagnostic assessments, and ongoing developmental care for children with developmental differences.

Address: 35 Hope Drive, Suite 102, Hershey, PA 17033

Phone: 717-531-8775

Website: pennstatehealth.org

Behavioral Health Services

Behavioral Health & Developmental Services (BHDS)

Coordinates county-funded behavioral health, intellectual disability, and autism services while connecting families to community resources, case management, and support programs.

Address: 150 N. Queen Street, Lancaster, PA 17603

Phone: 717-299-8021

Website: lanastercountymbhds.org

CHI St. Joseph Children's Health – Behavioral Health Center

Provides behavioral health assessments, counseling, therapy, and family support services for children and adolescents.

Address: 1929 Lincoln Highway East, Suite 150, Lancaster, PA 17602

Phone: 717-397-7625

Website: stjosephchildrenshealth.org

Gym-Jam Therapy

Provides outpatient behavioral health counseling and mental health therapy for children, adolescents, and families. Gym-Jam operates independently within Schreiber Center for Pediatric Development.

Address: 625 Community Way, Lancaster, PA 17603

Phone: 570-593-5484

Website: gym-jam.com

Helping Hands Family

Provides Applied Behavior Analysis (ABA) therapy for children with autism spectrum disorder, helping build communication, social, behavioral, and daily living skills.

Lancaster Locations: 101 Good Drive, Lancaster, PA 17603 | 1811 Olde Homestead Lane, Lancaster, PA 17603

Phone: 484-965-9966

Website: hhfamily.com/locations/lancaster-pa

Leg Up Farm – Behavioral Health Program

Provides integrated behavioral health services, counseling, and emotional support for children and adolescents in a collaborative care environment.

Address: 4880 N. Sherman Street, Mount Wolf, PA 17347

Phone: 717-266-9294

Website: legupfarm.org

New Story Schools

Provides behavioral health services, therapeutic support, autism services, special education, and Applied Behavior Analysis (ABA).

Local Campuses: Mountville: 3710 Hempland Road, Mountville, PA 17554 | Harrisburg: 2700 Commerce Drive, Harrisburg, PA 17110 | New Cumberland: 774 Limekiln Road, New Cumberland, PA 17070 | Kenhorst: 1300 New Holland Road, Kenhorst, PA 19607

Phone: 717-405-3287 (*Mountville Campus*)

Website: newstoryschools.com

Providence Behavioral Health

Provides outpatient counseling, behavioral health treatment, psychological services, and family therapy for children, adolescents, and adults.

Address: 600 Eden Road, Lancaster, PA 17601

Phone: 717-397-1400

Website: providencebehavioral.com

T.W. Ponessa & Associates

Provides outpatient counseling, Behavioral Health Rehabilitation Services (BHRS), Applied Behavior Analysis (ABA), family-based mental health services, and school-based behavioral supports.

Address: 410 N. Prince Street, Lancaster, PA 17603

Phone: 717-560-7917

Website: ponessa.com

WellSpan Philhaven – Intensive Behavioral Health Services (IBHS)

Provides intensive behavioral health services, Applied Behavior Analysis (ABA), autism supports, and family-centered behavioral interventions for children and adolescents.

Address: 2501 Oregon Pike, Suite 105, Lancaster, PA 17601

Phone: 717-735-1954

Website: wellspan.org

Youth Advocate Programs (YAP)

Provides community-based behavioral health services, family support, mentoring, and wraparound services that help children remain successful at home, in school, and in their communities.

Address: 1891 Santa Barbara Drive, Suite 203, Lancaster, PA 17601

Phone: 717-519-8723

Website: yapinc.org

Counseling & Mental Health

These providers offer counseling and psychotherapy services for children, adolescents, and families experiencing emotional, behavioral, social, or life challenges.

Anita Pilkerton-Plumb, LCSW

Provides individual, family, and child counseling for a variety of emotional and behavioral concerns.

Address: 313 W. Liberty Street, Suite 349, Lancaster, PA 17603

Phone: 717-380-9564

COBYS Family Life Center

Provides individual, family, and trauma-informed counseling services, along with adoption, foster care, and family support programs.

Address: 1417 Oregon Road, Leola, PA 17540

Phone: 717-656-6580

Website: cobys.org

Inner Vision Counseling Services

Provides counseling for children, adolescents, adults, couples, and families, including play therapy and trauma-informed care.

Address: 1603 Lititz Pike, Suite 2, Lancaster, PA 17601

Phone: 717-419-1468

Website: innervisioncounselingservices.com

Jane Stover Counseling

Provides individual, family, and child counseling services.

Address: 313 W. Liberty Street, Suite 377, Lancaster, PA 17603

Phone: 717-330-3215

Lancaster County Mental Health Case Management Unit

Provides case management, service coordination, and connections to community mental health resources for eligible individuals.

Address: 150 N. Queen Street, Suite 510, Lancaster, PA 17603

Phone: 717-299-7919

Laurie Schein, LCSW, MAMFT, RPT

Provides counseling and registered play therapy for children, adolescents, and families.

Address: Lancaster, PA

Phone: 717-371-9667

Life & Love Counseling

Provides counseling services for children, teens, adults, couples, and families.

Address: 350 Highlands Drive, Suite 203, Lititz, PA 17543

Phone: 717-419-9378

Website: lifeandlovecounseling.com

Life Span Psychological Services

Provides psychological counseling, evaluations, and therapy for children, adolescents, and adults.

Address: 100 Highlands Drive, Suite 208, Lititz, PA 17543

Phone: 717-560-5551

Website: lifespanpsychologicalservices.com

Margaret Stixon, MSW, LSW

Provides telehealth counseling for individuals ages 10 and older throughout Pennsylvania.

Specializes in anxiety, depression, PTSD and complex PTSD, ADHD, autism and neurodiversity, LGBTQ+ affirming care, and vocational and life transition counseling.

Practice: Novaturient Therapy & Wellness

Service Area: Telehealth throughout Pennsylvania

Website: novattw.com/Margaret

Mental Health America of Lancaster County

Provides education, advocacy, support groups, and community mental health resources.

Address: 245 Butler Avenue, Suite 204, Lancaster, PA 17601

Phone: 717-397-7461

Website: mhalancaster.org

New Journey Family Center

Provides individual, family, child, and couples counseling, behavioral health services, and trauma-informed therapy.

Address: 903 S. Chiques Road, Suite J, Manheim, PA 17545

Phone: 717-220-5252

Website: newjourneyfc.com

PA Counseling Services

Provides outpatient counseling, family therapy, substance use treatment, and psychiatric services for children and adults.

Multiple Lancaster County locations

Phone: 855-272-1653

Website: pacounseling.com

St. Joseph Children's Health Initiative

Provides counseling and behavioral health services for children and families.

Address: 1929 Lincoln Highway East, Lancaster, PA 17602

Phone: 717-397-7625

Website: stjosephchildrenshealth.org

TEMPO Clubhouse

Provides recovery-focused employment, education, wellness, and social opportunities for adults living with mental illness.

Address: 36 E. King Street, Lancaster, PA 17602

Phone: 717-735-1920

Website: tempoclubhouse.org

Weigel Counseling Associates

Provides individual, family, and child counseling services.

Address: 221 Rohrerstown Road, Lancaster, PA 17603

Phone: 717-581-0698

Website: weigelcounseling.com

Psychiatric Services

Psychiatrists are medical doctors who diagnose and treat mental health conditions, prescribe medications when appropriate, and provide ongoing medication management as part of a child's mental healthcare.

Penn State Health Medical Group – Psychiatry & Behavioral Health

Provides psychiatric evaluations, medication management, and behavioral health services for children, adolescents, and adults.

Address: 22 Northeast Drive, Entrance B, Hershey, PA 17033

Phone: 717-531-8338

Website: pennstatehealth.org/locations/penn-state-health-medical-group-psychiatry-behavioral-health

TeamCare Behavioral Health

Provides psychiatric evaluations, medication management, psychological assessments, and behavioral health services for children, adolescents, and adults.

Address: 1808 Colonial Village Lane, Suite 103, Lancaster, PA 17601

Phone: 717-391-0172

Website: teamcarebehavioralhealth.com

Play Therapy

Play therapy uses play-based techniques to help children express emotions, process difficult experiences, build coping skills, and strengthen social and emotional development in a safe, supportive environment.

Ellie Mental Health

Provides child, adolescent, family, and individual counseling, including play therapy and trauma-informed mental health services.

Address: 313 Primrose Lane, Suite 205, Mountville, PA 17554

Phone: 717-744-6351

Website: elliementalhealth.com

Jabbok Counseling

Provides child, adolescent, family, and individual counseling, including play therapy and trauma-informed care.

Address: 244 N. Queen Street, Lancaster, PA 17603

Phone: 717-553-5361

Website: jabbokcounseling.org

Stephanie Phelps, LPC

Provides child and adolescent counseling and play therapy through Inner Vision Counseling Services.

Practice: Inner Vision Counseling Services

Address: 1603 Lititz Pike, Suite 2, Lancaster, PA 17601

Phone: 717-419-1468

Website: innervisioncounselingservices.com

See also: New Journey Family Center (Counseling & Mental Health)

See also: Leg Up Farm – Behavioral Health Program (Behavioral Health Services)

Specialized Therapies

These specialized therapy services support feeding, oral motor development, nutrition, and participation in adaptive recreational activities.

Feeding & Eating

Feeding specialists help children with eating difficulties, oral motor challenges, food selectivity, swallowing concerns, and nutrition-related needs.

Schreiber Center for Pediatric Development – VitalStim® Therapy

A specialized swallowing therapy provided by trained speech-language pathologists to help children with dysphagia (swallowing disorders). VitalStim uses neuromuscular electrical stimulation (NMES) as part of a comprehensive treatment plan to improve swallowing function, oral motor skills, and safe eating. VitalStim is used in conjunction with individualized feeding and swallowing therapy and is appropriate for children when recommended by their speech-language pathologist.

Address: 625 Community Way, Lancaster, PA 17603

Phone: 717-393-0425

Website: schreiberpediatric.org

Lancaster Cleft Palate Clinic

Provides multidisciplinary evaluation and treatment for children with cleft lip, cleft palate, craniofacial conditions, feeding challenges, speech concerns, and hearing needs.

Address: 2230 Embassy Drive, Lancaster, PA 17603

Phone: 717-299-4871

Lancaster-Lebanon IU13 Feeding Team

Provides interdisciplinary feeding evaluations and support for children experiencing feeding and swallowing challenges.

Address: 1020 New Holland Avenue, Lancaster, PA 17601

Phone: 717-606-1600

Website: iu13.org

Lancaster General Hospital – Sandra Byrnes, MS, CCC-SLP

Provides feeding and swallowing evaluations and therapy for infants and children experiencing feeding difficulties.

Address: 2102 Harrisburg Pike, Lancaster, PA 17601

Phone: 717-544-3138

Penn State Health Children's Hospital Feeding Program

Provides comprehensive multidisciplinary evaluation and treatment for children with

complex feeding and swallowing disorders.

Address: 500 University Drive, Hershey, PA 17033

Phone: 717-531-6822

Website: pennstatehealth.org

Pittsburgh Orofacial Myofunctional Therapy *See Oral Myofunctional Therapy below.*

Nutrition & Dietitians

Registered dietitians provide nutrition counseling for children with feeding concerns, food allergies, growth concerns, and specialized dietary needs.

Community Action Partnership – WIC

Provides nutrition education, breastfeeding support, healthy foods, and nutrition services for eligible pregnant women, infants, and young children.

Address: 601 S. Queen Street, Lancaster, PA 17603

Phone: 717-299-7301

Website: caplanc.org

Penn State Health Healthy Weight Program

Provides comprehensive nutrition, weight management, and lifestyle support for children and adolescents.

Address: 35 Hope Drive, Hershey, PA 17033

Phone: 717-531-8675

Website: pennstatehealth.org

WellSpan Nutrition Services

Provides pediatric and adult nutrition counseling for medical conditions, feeding concerns, food allergies, diabetes, and healthy eating.

Multiple WellSpan locations

Phone: 717-851-2244

Website: wellspan.org

Margaret "Mimi" Girtten, MS, RD, LDN

Provides pediatric nutrition counseling for feeding disorders, growth concerns, gastrointestinal conditions, and specialized nutrition needs.

Practice: Children's Hospital of Philadelphia (CHOP) Specialty Care

Address: 2110 Harrisburg Pike, Suite 102, Lancaster, PA 17601

Phone: 717-544-0375

Website: chop.edu

Oral Myofunctional Therapy

Oral myofunctional therapy helps improve tongue function, oral muscle coordination, breathing, chewing, swallowing, and speech through specialized exercises.

Oral Myofunctional Therapy of York

Provides evaluation and treatment for oral myofunctional disorders affecting breathing, swallowing, tongue posture, and oral development.

Address: York, PA

Website: oralmyofunctionaltherapyofyork.com

Pittsburgh Orofacial Myofunctional Therapy

Provides oral myofunctional evaluations and therapy for children and adults with oral motor and airway concerns.

Website: pghomt.com

Tongue & Lip Tie Providers

These providers evaluate and treat tongue ties (ankyloglossia), lip ties, and related oral restrictions that may impact feeding, speech, and oral development.

Berks Myo Spot

Provides tongue tie evaluations, oral myofunctional therapy, and collaborative care before and after frenectomy procedures.

Address: Wyomissing, PA

Website: berksmyospot.com

Robert O'Reilly, MD

Evaluates and treats tongue ties, airway disorders, and pediatric ear, nose, and throat conditions.

Practice: Children's Hospital of Philadelphia (CHOP) Specialty Care

Address: 2104 Harrisburg Pike, Suite 300, Lancaster, PA 17601

Phone: 717-544-0375

Website: chop.edu

Po Dentistry

Provides tongue and lip tie evaluations, frenectomy procedures, and comprehensive family dental care.

Address: Lancaster, PA

Website: podentistry.com

The Center for Dental Excellence

Provides tongue and lip tie evaluations, laser frenectomy procedures, and comprehensive dental care for children and adults.

Address: Lancaster, PA

Website: thecenterfordentalexcellence.com

Therapeutic Horseback Riding

Therapeutic riding programs use horseback riding and equine-assisted activities to help children and adults improve balance, coordination, strength, confidence, communication, and social skills in a supportive environment.

Bridle Path Equine Center

Provides therapeutic horseback riding, adaptive riding lessons, and equine-assisted activities for children and adults with physical, cognitive, and emotional disabilities.

Address: 2876 Yellow Goose Road, Lancaster, PA 17601

Phone: 717-945-2799

Website: bridlepathec.org

Greystone Manor Therapeutic Riding Center

Provides therapeutic horseback riding and equine-assisted activities designed to improve physical, emotional, cognitive, and social well-being.

Address: 2121 Old Philadelphia Pike, Lancaster, PA 17602

Phone: 717-394-6960

Website: greystonemanortrc.org

Shady Hollow Assisted Riding

Provides adaptive horseback riding opportunities that promote confidence, independence, balance, coordination, and recreation for individuals with disabilities.

Address: 625 Robert Fulton Highway, Quarryville, PA 17566

Phone: 717-786-7990

Website: shadyhollowassistedriding.com

Windswept Stables

Provides therapeutic riding lessons, adaptive horseback riding, and equine-assisted learning experiences for individuals with a variety of physical, developmental, and emotional needs.

Address: 1824 Raystown Road, Everett, PA 15537

Phone: 814-652-6151

Website: windsweptstables.org

Winner's Circle Center

Provides therapeutic horseback riding, carriage driving, and equine-assisted services that promote independence, confidence, and physical development for children and adults with disabilities.

Address: 30 Martin Road, Grantville, PA 17028

Phone: 717-469-5508

Website: winnerscirclecenter.org

Disability & Family Support

These organizations provide services, advocacy, education, and supports that help individuals with disabilities and their families navigate daily life, build independence, and access community resources throughout childhood and adulthood.

Advocacy & Disability Services

These organizations provide advocacy, service coordination, assistive technology, education, employment supports, and other resources for individuals with disabilities and their families.

AHEDD

Provides employment services, career counseling, job coaching, and workplace supports that help individuals with disabilities prepare for, obtain, and maintain meaningful employment.

Address: 2001 North Front Street, Building 2, Suite 321, Harrisburg, PA 17102 (*serves Lancaster County through regional offices*)

Phone: 717-238-8075

Website: ahedd.org

The Arc Lancaster Lebanon

Provides advocacy, family support, education, life planning, and community resources for individuals with intellectual and developmental disabilities and their families.

Address: 630 Janet Avenue, Lancaster, PA 17601

Phone: 717-394-5251

Website: arclancleb.org

Center for Independent Living (CILCP)

Empowers individuals with disabilities to live independently by providing advocacy, peer mentoring, independent living skills training, information and referral services, and transition support.

Address: 3780 Market Street, Camp Hill, PA 17011

Phone: 717-731-1900

Website: cilcp.org

Disability Empowerment Center

Provides advocacy, peer support, independent living services, information and referrals, and disability rights education for individuals with disabilities.

Address: 555 Gettysburg Pike, Suite C400, Mechanicsburg, PA 17055

Phone: 717-731-1610

Website: decpa.org

Easterseals Eastern Pennsylvania

Provides early intervention, workforce development, community-based disability services, and support programs for children and adults.

Address: 3975 Conshohocken Avenue, Philadelphia, PA 19131

Phone: 610-289-0114

Website: easterseals.com/esep

Office of Vocational Rehabilitation (OVR)

Helps individuals with disabilities prepare for careers, obtain employment, and achieve greater independence through vocational rehabilitation services.

Lancaster District Office: 1514 North 6th Street, Harrisburg, PA 17102

Phone: 800-622-2842

Website: pa.gov/agencies/ovr

PA Family Network

Provides free workshops, peer support, educational resources, and family mentoring to help individuals with disabilities and their families navigate services and plan for the future.

Website: pafamilynetwork.org

The Arc of Pennsylvania

Provides statewide advocacy, public policy leadership, education, and resources that support individuals with intellectual and developmental disabilities throughout Pennsylvania.

Address: 301 Chestnut Street, Suite 110, Harrisburg, PA 17101

Phone: 717-234-2621

Website: thearca.org

Dyslexia

These organizations provide dyslexia screening, educational support, tutoring, advocacy, and specialized instruction for children and families.

Decoding Dyslexia Pennsylvania

A parent-led grassroots organization that promotes awareness of dyslexia, advocates for evidence-based literacy instruction, and provides educational resources and support for families across Pennsylvania.

Website: decodingdyslexiapa.org

International Dyslexia Association (IDA)

Provides evidence-based information, educational resources, professional referrals, and

advocacy to support individuals with dyslexia and related reading differences.

Website: dyslexiaida.org

Scottish Rite Children's Dyslexia Centers

Provides free, individualized tutoring and educational support for children with dyslexia and other language-based reading difficulties.

Pennsylvania Locations: Harrisburg, Reading

Website: sracpa.org

Lancaster-Lebanon Intermediate Unit 13 (IU13) *See: Getting Started → IU Resources*

Social Skills Groups

Social skills programs help children and teens build friendships, strengthen communication, develop confidence, and practice social interaction in a supportive environment.

Schreiber Center for Pediatric Development – Club 625

Provides opportunities for teens and young adults to build friendships, strengthen social skills, increase independence, and participate in structured activities and community outings in a supportive environment.

Address: 625 Community Way, Lancaster, PA 17603

Phone: 717-393-0425

Website: schreiberpediatric.org

Schreiber Center for Pediatric Development – Independent Activities of Daily Living (IADL)

Helps teens and young adults build practical life skills while developing confidence, communication, problem-solving, and independence through hands-on instruction and real-world experiences.

Address: 625 Community Way, Lancaster, PA 17603

Phone: 717-393-0425

Website: schreiberpediatric.org

Schreiber Center for Pediatric Development – Modern Band (The UnSinkables)

Provides an inclusive music program where children and teens build confidence, communication, teamwork, and social skills while learning and performing music together in a supportive group setting.

Address: 625 Community Way, Lancaster, PA 17603

Phone: 717-393-0425

Website: schreiberpediatric.org

Lancaster Cleft Palate Clinic Social Groups

Provides opportunities for children and families affected by cleft lip and palate to connect with peers, build friendships, and share experiences.

Address: 2230 Embassy Drive, Lancaster, PA 17603

Phone: 717-299-4871

UPMC Children's Center for Autism

Offers evidence-based social skills groups for autistic children and adolescents to build communication, friendships, and everyday social skills.

Address: 4401 Penn Avenue, Pittsburgh, PA 15224

Phone: 412-692-7337

Website: chp.edu

Adult Services & Transition (21+)

Planning for adulthood can feel overwhelming. Transition planning often begins during the teen years and may include employment, post-secondary education, housing, transportation, recreation, healthcare, and community participation. Your child's school team, Supports Coordinator, or service providers can help identify resources and develop a transition plan.

These organizations support young adults and adults with disabilities as they transition from school to greater independence, employment, recreation, and community living.

Community Participation Support (CPS) Programs

Community Participation Support (CPS) programs help adults with disabilities build independence, develop life skills, volunteer, pursue employment goals, and participate actively in their communities.

If your family receives services through the Office of Developmental Programs (ODP), your Supports Coordinator can help identify CPS providers that best fit your goals and interests.

Employment & Vocational Supports

These organizations help individuals prepare for employment, develop workplace skills, and achieve greater independence through meaningful work opportunities.

AHEDD: *See Disability Services for complete listing.*

Office of Vocational Rehabilitation (OVR): *See Disability Services for complete listing.*

Independent Living Resources

These organizations help individuals with disabilities develop independent living skills, access community resources, and advocate for themselves.

Center for Independent Living (CILCP): *See Disability Services for complete listing.*

Disability Empowerment Center: *See Disability Services for complete listing.*

Transition Resources

Transition planning helps prepare adolescents and young adults with disabilities for adulthood, including employment, education, independent living, healthcare, and community participation.

PA Family Network

Provides free workshops, transition planning resources, and peer support for individuals with disabilities and their families.

Website: pafamilynetwork.org

Temple University – Competence & Confidence: Partners in Policymaking

Provides free leadership and advocacy training for self-advocates and parents of individuals with intellectual and developmental disabilities or autism.

See Therapy & Support Services → Autism Resources for complete listing.

Home Health

Home health agencies provide skilled nursing, therapies, personal care, and in-home support services for children and adults who qualify.

BAYADA Home Health Care

Provides pediatric skilled nursing, rehabilitation services, and personal care to help children receive care in the comfort of their homes.

Address: 1875 Lititz Pike, Suite 6, Lancaster, PA 17601

Phone: 717-560-6111

Website: bayada.com

Aveanna Healthcare

Provides pediatric private-duty nursing, personal care, medical staffing, and home healthcare services.

Address: 1858 Charter Lane, Suite 201, Lancaster, PA 17601

Phone: 717-290-1600

Website: aveanna.com

Maxim Healthcare Services

Provides pediatric skilled nursing, behavioral support, and home healthcare services for children with complex medical needs.

Address: 313 Primrose Lane, Suite 201, Mountville, PA 17554

Phone: 717-869-1400

Website: maximhealthcare.com

Penn State Health Home Care

Provides skilled nursing, rehabilitation therapies, hospice, and home healthcare services.

Website: pennstatehealth.org

Community Resources

These organizations and programs help children and families stay active, connected, and engaged through recreation, education, adaptive programs, and everyday supports.

Transportation Assistance

Transportation resources help individuals with disabilities and their families access medical appointments, therapy, school, employment, and community activities.

Red Rose Transit Authority (RRTA)

Provides fixed-route bus service throughout Lancaster County, along with Red Rose Access shared-ride transportation for eligible seniors and individuals with disabilities.

Website: redrosetransit.com

Find My Ride Apply (PennDOT)

A free online tool that helps Pennsylvanians identify and apply for transportation programs based on their age, disability status, income, and transportation needs. The application can determine eligibility for services such as Red Rose Access, the Persons with Disabilities (PwD) Program, ADA paratransit, Senior Shared Ride, and other local transportation options.

Website: findmyride.penndot.pa.gov

Medical Assistance Transportation Program (MATP)

Provides free non-emergency transportation to medical appointments and other Medicaid-covered services for individuals who receive Pennsylvania Medical Assistance (Medicaid) and do not have another way to get there. Depending on a person's needs, transportation may include bus passes, mileage reimbursement, shared rides, or other approved transportation.

Website: matp.pa.gov

Community Programs & Activities

These organizations provide inclusive recreation, arts, social opportunities, and community programs for children, teens, and adults of all abilities.

Aaron's Acres

Provides inclusive recreational programs, camps, after-school activities, and social opportunities for children and young adults with disabilities.

Address: 929 Harrisburg Avenue, Lancaster, PA 17603

Phone: 717-569-4363

Website: aaronsacres.org

Lancaster Recreation Commission

Offers youth sports, fitness classes, enrichment programs, camps, and community recreation opportunities for children and families throughout Lancaster County.

Address: 525 Fairview Avenue, Lancaster, PA 17603

Phone: 717-392-2115

Website: lancasterrec.org

Lancaster Public Library

Provides story times, educational programs, sensory-friendly events, autism resources, and inclusive activities for children and families.

Address: 151 North Queen Street, Lancaster, PA 17603

Phone: 717-394-2651

Website: lancasterlibraries.org

Special Olympics Pennsylvania

Provides year-round sports training, athletic competition, leadership opportunities, and health programs for children and adults with intellectual disabilities.

Website: specialolympicspa.org

United Disabilities Services (UDS)

Provides adaptive equipment services, community programs, caregiver support, transportation resources, and services that promote independence for individuals with disabilities.

Address: 2270 Erin Court, Lancaster, PA 17601

Phone: 717-394-1890

Website: udservices.org

Adaptive Sports & Recreation

Adaptive sports and recreation programs encourage physical activity while helping children build confidence, coordination, strength, friendships, and lifelong recreation skills.

Dance Ability

Provides inclusive dance instruction that encourages creativity, movement, confidence, and participation for individuals of all abilities.

Lancaster TOPSoccer

Provides an adaptive soccer program for children and young adults with physical,

developmental, intellectual, and emotional disabilities.

Website: paclassics.org/topsoccer

PA Lions Wheelchair Basketball

Provides adaptive team sports opportunities that promote teamwork, confidence, physical fitness, and competitive play for athletes who use wheelchairs.

Facebook: facebook.com/PALionsWheelchairBasketball

Lancaster AMBUCS Adaptive Trike Program

Provides adaptive tricycles that help children with disabilities improve mobility, independence, confidence, and participation in recreation.

Website: lancasterambucs.org

YMCA Adaptive Programs

Provides inclusive recreation, adaptive swimming, youth programs, camps, and fitness opportunities for children and families.

Website: rosesymca.org

See also: Schreiber's Adaptive Aquatics (Getting Started → Year Round Programs)

Inclusive & Specialty Camps

These camps provide recreational, educational, and therapeutic experiences designed to support children and young adults of varying abilities.

Aaron's Acres Camps

Provides inclusive summer camp experiences that promote recreation, friendship, independence, and personal growth for children and young adults with disabilities.

Address: 929 Harrisburg Avenue, Lancaster, PA 17603

Phone: 717-569-4363

Website: aaronsacres.org

Camp Harmony

Provides an inclusive summer camp experience for children with special healthcare needs in a supportive and accessible environment.

Website: campharmony.org

Camp Koala

A free bereavement camp that helps children and teens process grief through peer support, recreation, and therapeutic activities.

Website: hospicecommunity.org/camp-koala

Camp Victory

Provides medically supported summer camps for children with chronic illnesses, disabilities, and special healthcare needs.

Address: 58 Camp Victory Road, Millville, PA 17846

Phone: 570-458-6530

Website: campvictory.org

Camp YoliJwa

Provides camping experiences and family retreats for children with disabilities and their families in an inclusive outdoor setting.

Website: yolijwa.org

See also: Schreiber Summer Camps (Getting Started → Summer Camps)

Sensory Resources

These resources provide sensory-friendly products, educational materials, adaptive equipment, and community spaces that support children with sensory processing differences.

Fun and Function

Provides adaptive toys, sensory tools, classroom resources, therapy products, and equipment designed to support children with sensory and developmental needs.

Website: funandfunction.com

National Autism Resources

Provides sensory products, adaptive equipment, educational materials, visual supports, and tools for home, school, and therapy.

Website: nationalautismresources.com

Therapy Shoppe

Provides therapy supplies, sensory tools, fidgets, oral motor products, handwriting resources, and adaptive learning materials.

Website: therapyshoppe.com

Lancaster Public Library – Sensory Resources

Provides sensory kits, sensory-friendly story times, inclusive programming, and autism resources for children and families.

Address: 151 North Queen Street, Lancaster, PA 17603

Phone: 717-394-2651

Website: lancasterlibraries.org

Sensory-Friendly Haircuts

These salons provide welcoming environments and individualized approaches for children who may experience anxiety, sensory sensitivities, or developmental differences during haircuts.

Cookie Cutters Haircuts for Kids

Provides child-friendly haircuts in a fun, sensory-conscious environment. Many locations offer accommodations for children with special needs.

Website: haircutsarefun.com

Snip-its

Offers children's haircuts in an engaging environment with experience serving children of varying abilities.

Website: snipits.com

Adaptive Clothing

Adaptive clothing is designed to make dressing easier for individuals with physical disabilities, sensory sensitivities, medical equipment, or limited mobility.

Billy Footwear

Offers adaptive shoes with wraparound zipper openings that make dressing easier for individuals who wear braces, orthotics, or have limited mobility.

Website: billyfootwear.com

JCPenney Adaptive

Offers adaptive clothing for children and adults featuring magnetic closures, adjustable openings, and sensory-friendly designs.

Website: jcpenney.com

Tommy Hilfiger Adaptive

Offers stylish adaptive clothing designed with magnetic closures, adjustable features, and accessible designs.

Website: usa.tommy.com/en/tommy-adaptive

Zappos Adaptive

Offers adaptive footwear and clothing from a variety of brands designed for individuals with disabilities and mobility challenges.

Website: zappos.com/e/adaptive

Sleep Resources

Sleep challenges are common among children with developmental disabilities. These resources offer education, strategies, and clinical support for improving healthy sleep habits.

Autism Speaks Sleep Toolkit

Provides free evidence-based guidance and practical strategies to help families address common sleep challenges in children with autism.

Website: autismspeaks.org/tool-kit-excerpt/sleep-tool-kit

HealthyChildren.org

Provides expert guidance from the American Academy of Pediatrics on healthy sleep habits, bedtime routines, and common pediatric sleep concerns.

Website: [healthychildren.org](https://www.healthychildren.org)

Penn State Health Pediatric Sleep Medicine

Provides evaluation and treatment for pediatric sleep disorders, including insomnia, sleep apnea, restless sleep, and other sleep-related concerns.

Address: 35 Hope Drive, Hershey, PA 17033

Phone: 717-531-8521

Website: pennstatehealth.org

Children's Hospital of Philadelphia (CHOP) Sleep Center

Provides comprehensive evaluation and treatment for pediatric sleep disorders, including sleep apnea, insomnia, parasomnias, and complex sleep conditions.

Address: Main Hospital: 3401 Civic Center Boulevard, Philadelphia, PA 19104

Phone: 215-590-4040

Website: [chop.edu](https://www.chop.edu)