

...helping children turn disabilities into abilities

Schreiber
Pediatric
Rehab
Center
of
Lancaster
County



Yes We Can

A not-for-profit United Way Agency

Schreiber Celebrates with Short Story Collection

As part of our anniversary celebration, we have undertaken a project to share just a handful of the thousands of stories that have unfolded at the Center over the past three-quarters of a century. "A Mission of Hope: 75 Years of Turning Disabilities Into Abilities" is a wonderful collection of narratives written by local writers. They have generously shared their talents to bring together sixteen inspiring stories of hope to life, with vivid detail of the trials and successes encountered along the road toward independence. Each chapter in this book shares the quest to attain different goals which define individual independence, from simply communicating a desire to going to college. Schreiber Pediatric is proud to have helped each child and their family not only define what independence looks like to them, but to achieve it!

The book will be available at the 75th Anniversary Open House on Monday, February 28th and throughout the entire anniversary year. Cost is \$15 a copy. Special thanks to the participating families, writers and TrumpTschudy Design, and to Cadmus Communications for their guidance and financial support in publishing this project.



75th

Anniversary

Celebration

Open House

Monday, February 28, 2011

6:00 – 8:00 p.m.

Schreiber Pediatric Rehab Center

Purchase Schreiber's Anniversary Book!
Limited copies available.

FREE to the public!
Invite your friends and family!

Join us for...

Reading and Meet & Greet with Schreiber Book authors and families
Unveiling of the 75th Anniversary Mural • Festive Arts & Crafts
Local Children Celebrities and Clowns • Preschool and Daycare's Art Show
Refreshments and a Giant Cake • Tours of the Center ... & Much More!

Kindly RSVP online at
www.schreiberpediatric.org/celebration or call 717-393-0425.

Give Us a Hand!
Show your support
with an engraved
handprint for our
children's garden.

Lil' Pip Makes Big Progress



When you meet two-year-old Natalie Rafft, you can't help but fall in love with her quick wit and adorable smile. She's outgoing, sociable and quite the mimic so be sure to watch what you say!

Natalie, adoringly nicknamed 'Pip' by her therapist, Angie Rice, began coming to Schreiber Pediatric for occupational therapy just a few months ago following a surgery to correct a birth defect to her left arm and hand. She was born without a thumb and with a fused elbow.

Angie works with Natalie on pinching, grasping, stretching and strengthening her left side during her weekly therapy sessions. In the true spirit of Schreiber, Natalie's treatment regimen is filled with fun games, puzzles and crafts that keep her interested and engaged. "Schreiber has been very good at finding things [Natalie] wants to do," comments her mother, Jennifer Rafft. "How do they think of all those things? Every time we come in, there's some cool new thing to do."

—continues on p3

a mission of
HOPE



75 Years of Turning Disabilities Into Abilities
A Mission of Hope and Greater Purpose, Book Cover



From the Desk of Mr. J:

As one of only six nationally accredited outpatient pediatric rehabilitation facilities, Schreiber Pediatric strives to continue to provide the best care possible for children with special needs in Lancaster County and the surrounding areas. Of course, staff education and development is a key factor in our commitment to excellence.

In November of 2010, occupational therapist, **Kristen Schreiber**, attended a week-long certification class at the University of Alabama at Birmingham on Constraint Induced Movement Therapy, a treatment program that limits the use of the dominant arm in a pediatric patient in order to strengthen and facilitate movement in the affected arm.



The Constraint Induced Movement Therapy program starts with an intense three week regimen consisting of three hours of therapy a day, five days a week, with an additional home program during off hours. After the initial treatment, the child receives weekly follow-ups for up to four weeks and continues a home treatment program.

The program is currently offered at only two locations in the entire United States and has a two year waiting list. Schreiber Pediatric hopes to offer the program here in Lancaster in the fall of 2011. Children over the age of two with cerebral palsy, or who have suffered a stroke or traumatic brain injury, are good candidates and often have very positive results including functional strength and quality of movement in their injured extremity.

We are blessed to have businesses, organizations, volunteers, board members and individuals committed to our cause. I'd like to thank Mr. and Mrs. Shawn Roberts for their generosity in supporting this educational development program for the Center. Because of you, we can continue our mission of turning disabilities into abilities.



Meet Our 2011 Ambassadors

Hardworking, kind and loving are just a few words to describe our 2011 Ambassadors. (clockwise) **Ruslan Burden**, **Tristan Haas**, **Nicole Carpenter** and **Manny Burden** have been selected by the staff to help educate the community about living with a disability.

Manny and Ruslan Burden may be small in stature but these two adopted brothers have big personalities! Each was born with dwarfism and faces their own set of challenges but together, the smiles and laughter are unstoppable. Manny is an energetic five-year-old with a love for sports. He attends Schreiber's S.T.A.R.S. Preschool and receives speech therapy to help with his articulation. His seven-year-old brother, Ruslan, takes karate lessons and has a knack for Nintendo's Wii bowling. He receives occupational therapy and speech therapy to work on his cognitive delays. Both boys are fond of their pet turtles, Ollie and Fergus, and enjoy exploring outside.

Nine-year-old **Nicole Carpenter** is described by her family as a kind, fun-loving and creative little girl. Born prematurely with cerebral palsy, Nicole has been coming to Schreiber for physical and occupational therapy since she was a newborn to work on muscle tone, strength, balance and fine motor skills. Because of the Center, Nicole can now play on the playground and ride a bike just like her friends! Nicole likes to scrapbook, read and write and play board games with her family and when she grows up, she'd like to be a teacher or veterinarian.

When you meet ten-year-old **Tristan Haas**, he'll tell you that Schreiber changed his life forever. Born with triphalangeal thumbs, meaning his thumbs have three phalanges instead of two, the Center recommended a surgeon in Philadelphia who performed corrective surgery and now diligently follows up with occupational therapy to strengthen Tristan's hands. Tristan looks forward to hanging from the monkey bars, playing games and making crafts each week with his therapist, Kim. In his free time, he enjoys playing soccer, swimming and reading his favorite book series, Redwall.



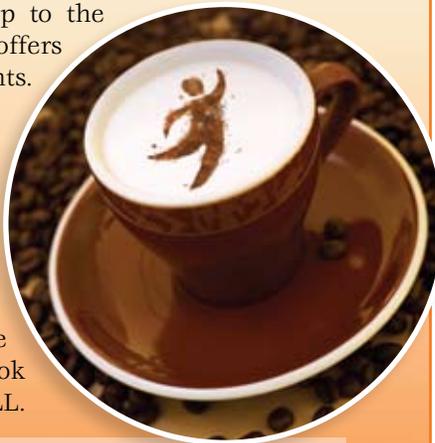
COFFEE DAY™

Campaign kicks-off on Friday, April 1st!

\$1 and \$10 COFFEE DAY™ Cards are available for purchase at participating restaurants, Susquehanna Bank branches and the front desk at Schreiber Pediatric during this two week event – **Friday, April 1 through Friday, April 15**. Redeem these cards on **COFFEE DAY™, April 15**, for a free cup of coffee, or equivalent beverage (up to the restaurants discretion). \$10 Gold Star Card offers 'extra perks' at some participating restaurants. See our website for a complete listing.

New this year...

the Caffeinista Challenge brought to you by Fine Living Lancaster (FLL)! Buy the 'Schreiber' specialty drink between now and **April 15th** at one of the following participating coffee shops and part of the proceeds will be donated to the Center! Look for more details in the February issue of FLL.



- Rachel's Café & Creperie
- New Grounds Roasting Company
- Spill the Beans Cafe
- Folklore
- New Holland Coffee Company
- Café Chocolate of Lititz
- Grand Central Bagel Cafe
- Merenda Zug Espresso Bar
- Molly's on Main
- Sugarplums & Tea
- The Coffee Company

NEW Leadership at the Center



Schreiber Pediatric Rehab Center recently promoted **Jennifer Bachman** to Director of Social Services. Bachman received her BA from Millersville University. She previously worked for AIDS Community Alliance in Harrisburg and Dauphin County Social Services for Children and Youth before joining the Center's staff in 2007.



Kurt A. Schenck, Commercial Realtor for High Associates Ltd., has joined Schreiber Pediatric Rehab Center's Board of Directors for a three-year term. Schenck holds a Bachelor of Science Degree in Management and Organizational Development from Eastern Mennonite University and lives in Lititz with his wife and two children.

Volunteer Spotlight: Tara Graver

To **Tara Graver**, Schreiber Pediatric is practically a home away from home. Born with spina bifida, she came to the Center for therapy for close to nineteen years! Now, at twenty-three, she's finding joy in helping others and seeing old friends when she volunteers in the Financial Development office once a week helping with various administrative duties. It's always a pleasure to see her smiling face! Thanks for your dedication to the Center, Tara!



CURRENT VOLUNTEER OPPORTUNITIES

SWIM BUDDIES

All you need is a suit, a towel and a smile!

- Tuesday, March 22 & Wednesday, March 23
9:30–11 a.m. & 2:15–3 p.m.
- Tuesday, April 26 & Wednesday, April 27
9:30–11 a.m. & 2:15–3 p.m.

TOPSOCCER

Have a love for soccer and heart for kids? Here's a wonderful opportunity to assist with a national adaptive training program.

- Mondays, April 11–May 23
(6-week session, no Easter Monday practice)

CAMP SCHREIBER

Bring your energy and enthusiasm for fun in the sun! Camp Schreiber offers fitness activities, sports, games, arts and crafts, music, field trips and more for children and teens with disabilities ages 8 to 21.

- June 20–July 28 (no camp the week of July 4th). Monday through Thursday

Interested parties should contact Volunteer Coordinator, Marie Johnston, at 393-0425 or mjohnston@schreiberpediatric.org.

Lil' Pip Makes Big Progress—

continued from cover

One of Natalie's favorite activities is the swing but she isn't just going for a ride. Angie makes sure she holds herself up with a strong grasp on the rope. Then, she must reach and stretch to pick up bean bags from the floor and toss them through a wooden board of various size shapes. "Natalie has a good pinch now and is able to pick things up," says Jennifer. "She's improved her mobility."

Natalie has certainly gotten into the 'swing' of things. When the Rafft's pull on to Good Drive, she immediately recognizes the Center and calls out, "Time Pinch-pinch Miss Angie!" A hard worker, Natalie is sure to have a bright future!



This Spring at Schreiber Pediatric...



You're Invited... to the 6th Annual Fun Frost Dance

Join us on **Saturday, March 12 from 8 to 11 p.m.** at the American Legion for the 6th Annual Fun Frost Dance! Last year's band, The Roof Rockers, will be back with more exciting dance music from the 60s, 70s, 80s, and 90s. Cost is just \$25 per person and includes lite fare and beer*. A cash bar and soft drinks will also be available. For more information or to purchase tickets, call Barbi Cottingham at 717-381-9300 or stop by the front office of Schreiber Pediatric.

**You must be 21 years or older to purchase or consume alcoholic beverages.*

The Bowl-a-thon is Back!

Calling children of all ages and abilities for a fun day at the bowling alley... The Schreiber Bowl-a-thon is back! Mark your calendars for **Saturday, March 19 from noon to 3 p.m.** at Leisure Lanes, 3440 Columbia Avenue. Bumpers and wheelchair accessible lanes will be available upon request. Pre-registration is required and just \$7 per person. Visit www.schreiberpediatric.org/bowlathon for more information.



FREE EASTER EGG HUNT

Meet the Easter bunny and fill your basket with lots of colorful eggs at Schreiber Pediatric's Annual Easter Egg Hunt on **Tuesday, April 19 at 5:30 p.m.** on the Church of the Apostles field (next door to Schreiber Pediatric). This event is free to the public and wheelchair accessible but kindly pre-register with the front office. All ages welcome!

Yes! I want to help Schreiber Pediatric turn children's disabilities into abilities.

\$50 \$100 or \$ _____ Any other amount you care to give to the children at Schreiber Pediatric Rehab Center of Lancaster County

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Please mail this completed form with your gift to address below or use the return envelope provided:

Schreiber Pediatric Rehab Center, 625 Community Way, Lancaster, PA 17603

Your gift is tax-deductible as allowed by law. You will receive a receipt as proof of your generosity.

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75 Years of Turning
Disabilities into Abilities

Schreiber
Pediatric
Rehab
Center
of
Lancaster
County



75th
Anniversary
1936-2011

A copy of the official registration and financial information may be obtained from the PA Department of State by calling toll free, 1-800-732-0999. Registration does not imply endorsement.