



Winter 2018

# Club 625

Schreiber's Club 625 offers teens and young adults ages 14 and up an opportunity for a night out on the town at least once a month. Sign up early as space is limited for some activities. **NO REFUNDS** unless event is cancelled by Schreiber.

**WE CANNOT ACCEPT REGISTRATIONS BEYOND THE DEADLINE.**

## Lunch & Movie

Catch a matinee and lunch with friends!

Date: Monday, January 15

Time: 12:00 pm- 4:00 pm approximately (according to movie schedule)

Location: Meet @ Ruby Tuesday's - 1234 Millersville Pike - Lancaster

Pick Up @ Regal Manor Cinema - Manor Shopping Center

Cost: \$40.00

Deadline: Monday, January 8

- Please send money for a movie snack - if desired.

**Ruby  
Tuesday**  
HIGH QUALITY CASUAL DINING



## B\*I\*N\*G\*O

Calling ALL Bingo Players!

Date: Saturday, February 17

Time: 2:00 pm- 4:30 pm

Location: Schreiber Center

625 Community Way - Lancaster

Cost: \$25.00

Deadline: Monday, February 12

- Snacks and drinks will be included
- Prizes for every game
- Chances to win door prizes



## St. Patty's Day Dance

Don't forget to wear **green** as you enjoy dancing and socializing with the Club 625 crew!

Date: Friday, March 16

Time: 6:30 to 8:30 pm

Location: Schreiber Pediatric Center

625 Community Way Lancaster, PA.

Cost: \$20.00

Deadline: Wednesday, March 14



## Kids Yoga

Schreiber offers Kids Yoga classes under the direction of Denisha Kline, a pediatric physical therapist who is also an approved Kundalini Yoga teacher through Radiant Child Yoga. Yoga is a union of body, mind and spirit and it assists in improving self-regulation. Yoga for children and young adults offers a range of benefits, including:

Promotes and maintains strength and flexibility

Teaches concentration, body awareness, stress management, responsibility and discipline

Boosts creativity and confidence.

**What: Kids Yoga classes**

**When: Monday nights from Feb. 5 to March 13 and running for six weeks.**

**Where: Schreiber's Multipurpose Room**

**625 Community Way**

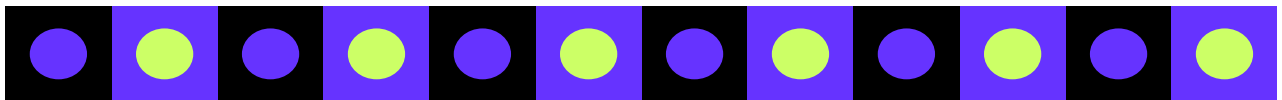
**Times: Class 1 for ages 5-13, 5-5:45 p.m.**

**Class 2 for ages 14-young adult, 6-6:45**

**How much: The registration fee for the five-week class is \$65 per child, due at the time of registration.**

**Note: Class will be limited to 10 students. Plan to bring your own yoga mat. Wear comfortable clothing.**

**For details and/or to register: Contact Denisha Kline at 717-393-0425 ext. 153  
[dkline@schreiberpediatric.org](mailto:dkline@schreiberpediatric.org)**



*For more information or to register for Club 625 programs please visit our website:  
[www.schreiberpediatric.org/recprograms](http://www.schreiberpediatric.org/recprograms)*

*Contact person:  
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